



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

PRINCETON FAMILY YMCA

SPORTS & ENRICHMENT SCHEDULE

Your child has the opportunity to progress at their own pace within a sport. We emphasize teamwork, individual development, and most of all fun! We believe that all kids deserve the opportunity to discover who they are and what they can achieve. That's why, through the Y, millions of youth today are cultivating the values, skills and relationships that lead to positive behaviors, better health and educational achievement. Classes run for 8 weeks

Class (Ages)	Full Member Cost / Program Member Cost	Room	Time
Tuesday			
Coed Basketball Clinic (Grades K – 1st)	\$80/\$100	OUTSIDE	4:00pm – 4:45pm
Coed Basketball Clinic (Grades 2nd – 3rd)	\$80/\$100	OUTSIDE	5:00pm – 5:45pm
Beginner Guitar (Ages 6–12)	\$80/\$100	CONF	4:30pm – 5:30pm
Wednesday			
Youth Chess (Ages 6 – 10)*	(Starts October 6th) \$40/\$60	CONF	4:30pm – 5:30pm
Sports Mania (Grades Pre K – K)	\$60/\$80	OUTSIDE	4:00pm – 4:45pm
Sports Mania (Grades 1st – 3rd)	\$60/\$80	OUTSIDE	5:00pm – 5:45pm
Sports Mania (Grades 4th – 6th)	\$60/\$80	OUTSIDE	6:00pm – 6:45pm
Thursday			
Dungeons and Dragons (Ages 10–17)	\$20	CONF	5:00pm – 7:00pm
Friday			
Coed Basketball Clinic (Grades 4th – 5th)	\$80/\$100	OUTSIDE	4:00pm – 4:45pm
Coed Basketball Clinic (Grades 6th – 8th)	\$80/\$100	OUTSIDE	5:00pm – 5:45pm
Boys Basketball League (Grades 5th – 6th)	\$140/\$170	GYM B	6:00pm – 8:00pm
Saturday			
Girls Basketball League (Gr 3–5)	\$140/\$170	GYM B	8:00am – 9:00am
Coed Basketball League (Gr 1–2)	\$140/\$170	GYM B	9:00am – 10:00am
Coed Basketball League (Gr PreK–K)	\$140/\$170	GYM B	10:00am – 11:00am
Boys Basketball League (Gr 3–4)	\$140/\$170	GYM B	11:00am – 1:00pm

* Class runs for 4 weeks.



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SPECIALTY ENRICHMENT SCHEDULE

Class (Ages)	Full Member Cost / Program Member Cost	Room	Time
Monday			
Judo Juniors (Ages 7-12)	\$85/\$100 per month	SPORT COURT	6:30pm-7:30pm
Teen and Adult Judo (Ages 13+)	\$85/\$100 per month	SPORT COURT	7:30pm-9:00pm
Intro to Fencing (Ages 8-12)	\$250	GYM B	5:30pm-7:00pm
Fencing - Epee Training (Ages 8+)	\$250	GYM B	7:00pm-9:00pm
Tuesday			
Youth Aikido (Ages 8-12)	\$56/\$72	SPORT COURT	6:00pm-7:00pm
Adult Aikido (Ages 18+)	\$108/\$135 or \$160/\$208 for TU & TH	SPORT COURT	7:30pm-9:00pm
Fencing - Saber Training (Ages 8+)	\$285	GYM B	6:00pm-7:30pm
Fencing - Foil Training (Ages 8+)	\$285	GYM B	7:30pm-9:30pm
Wednesday			
Judo Juniors (Ages 7-12)	\$85/\$100 per month	SPORT COURT	6:30pm-7:30pm
Teen and Adult Judo (Ages 13+)	\$85/\$100 per month	SPORT COURT	7:30pm-9:00pm
Thursday			
Intro to Foil, Epee, Saber (Ages 8+)	\$285	GYM B	5:30pm-7:00pm
Fencing Adult Training (Ages 13+)	\$285	GYM B	7:00pm-9:00pm
Teen Aikido (Ages 13-17)	\$84/\$108	SPORT COURT	6:00pm-7:30pm
Adult Aikido (Ages 18+)	\$108/\$135 or \$160/\$208 for TU & TH	SPORT COURT	7:30pm-9:00pm
Saturday			
Intro to Judo (Ages 5 to Adult)	\$63/\$94	SPORT COURT	8:45am-9:30am
Open Judo (Ages 13 to Adult)	\$85/\$100 per month	SPORT COURT	9:30am-11:00am
Intro to Fencing (Ages 13+)	\$285	GYM B	1:00pm-2:30pm
Intro to Foil, Epee, Saber (Ages 8+)	\$285	GYM B	2:30pm-4:00pm
Foil, Epee, Saber Training (Ages 8+)	\$285	GYM B	4:30pm-6:00pm
Open Fencing (Ages 8+)	\$285	GYM B	6:00pm-8:00pm