



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# TEAM WORK FAIR PLAY FUN

## 2019 PRINCETON YMCA FALL BASKETBALL LEAGUE PreK-K DIVISION

**SEASON:** Oct. 5, 2019—Dec. 7, 2019

**TIME:** 10:00AM-11:00AM

**LOCATION:** All games will be played at the YMCA Gymnasium

**PROGRAM:** The Y focuses on skill development, team work, fair play, and fun. Younger players learn and develop skills for the game while the older players focus on game strategies and competition.

### DIVISIONS & PLAYING INFORMATION:

#### PreK 4 year olds-Kindergarten

- Goal height is 6-6.5 foot
- 70% skill development/practice lead by parent volunteer coaches & 30% scrimmage
- Play consists of 4 vs 4
- Players are taught the wristband player on player defense
- Players will learn about "no pressing"
- Game structure is very instructional with coaches assisting on the court when needed / no score kept



PreK - K Division

Players