



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# DIVING CLINIC!

Jan. 28 - Feb. 18  
Mondays - 4:00pm-4:30pm

Dives are a critical part of our swim lesson curriculum. The Princeton Family YMCA Dive Clinic is the perfect opportunity to learn and improve all diving techniques!

Come join us for four sessions of targeted diving practice with our instructors!

Registration is open to swimmers in Preschool Stage 4 and Youth Stages 3 and up.

**Intermediate Group - Preschool Stage 4, Youth Stages 3 and 4**

**Advanced Group - Youth Stages 5 and 6 and Teens**

**Full Facility Members: \$48**  
**Program Members: \$60**



**Space is limited! Sign up now with our front desk staff!**