

YMCA YOUTH SUMMIT: WORKSHOPS

Sessions offered AM & PM, 60 minutes

Hosted by YMCAs of Mercer County – Hamilton, Hopewell, Princeton, Trenton
For young adults ages 14 to 18 years old

Friday, June 29, 2018

9:00 AM – 5:00 PM

Conference Center at Mercer County Community College

- ◆ **Leadership 101:** a course offering basic principles every aspiring leader should develop.
- ◆ **Ethical Leadership & Anti-Bullying:** a course analyzing the crisis of bullying in American schools and offering solutions for young people seeking to lead for change in the area of bullying. Presented by Alyssa McFarlane of HiTops.
- ◆ **“Cash Rules Everything Around Me”-Principles of Money Management:** a course teaching youth basic principles of personal finance. Topics covered will include income, money management, spending, credit, saving, investing, budgeting, etc. Conducted by PNC Bank’s Nhat Duong.
- ◆ **Social Entrepreneurship-Making Money While Making a Difference:** this course is designed for youth seeking to use business methods to help solve big social and environmental challenges.
- ◆ **Keepin’ the Peace-Principles of Conflict Resolution and Nonviolent Social Change:** this course will teach students to foster a culture of communication and resolution when conflicts arise in school, work, or other social environments. This course explores the work of nonviolent social leaders (i.e., Gandhi, Martin Luther King Jr., Ikeda) and attempts to apply principled of nonviolence to real-world situations. Presented by Rev. Andrew Wilkes.
- ◆ **#MeToo-Leadership, Consent, and Healthy Relationships:** a workshop focused on healthy relationships and what to do when they aren’t. Conducted by the One Love Foundation.
- ◆ **Collaboration, Not Domination-Exploring Collaborative Leadership:** this course will teach students to thrive and lead in a world with fewer hierarchical organizational structures, and more flexible, team-centric models that foster collaboration, information sharing and empowerment. Facilitated by Novo Nordisk’s Tyler Seville.

