MAKE YOUR SUMMER LEGENDARY

2017 SUMMER CAMP

PRINCETON FAMILY YMCA
This summer, The Princeton Family YMCA’s day camp program is offering kids a chance to make their summer legendary through an exciting and enriching experience to help kids get more out of their summer break – more learning, more exploration and more achievement. Through a mix of fun and educational activities aimed at improving well-being, kids will try new adventures, learn and master new skills, share and trade interests with friends, and get plenty of high-fives along the way.

At the Y, we know that when kids are given an opportunity to accomplish things, make friends and feel like they belong, they are comfortable expressing individuality and feel more confident, connected and supported. We are focusing on these youth development areas to ensure that kids in our day camp program go home with so much excitement for all they’ve accomplished and enjoyed that they can’t wait to come back the next day. As a leading nonprofit committed to strengthening community through youth development, the Y offers so much more than a place to play and have fun.

OUTSTANDING VALUE FOR OUTSTANDING KIDS!

- **DAILY SWIMMING!**
- Fully trained, nurturing, fun and engaging staff
- Pre & Post Camp INCLUDED in price
- No extra cost for field trips or events
- Healthy afternoon snack provided
- Many camp options with flexible registration options
- Multiple child discounts for your family
- Friendships, self-confidence growth, new skills and more!
- **TONS OF FUN!**

2017 CAMP FEES

**DISCOVERY & MVP CAMPS**  
FULL-DAY FEES PER WEEK  
7:30am–6:00pm  
Full Facility Members: $260  
Program Members: $315

**SPECIALTY CAMPS**  
FULL-DAY FEES PER WEEK  
7:30am–6:00pm  
Full Facility Members: $355  
Program Members: $390

**DISCOVERY & MVP CAMPS**  
HALF-DAY FEES PER WEEK  
7:30am–1:00pm or 1pm–6pm  
Full Facility Members: $165  
Program Members: $185

**SIBLING DISCOUNTS**  
1st Child: Full Price  
2nd Child: 10% Discount  
3rd Child: 15% Discount

WE DO NOT OFFER A PARTIAL OR PRORATED WEEK OPTION
MVP SPORTS CAMP | Sports-Based Camp
7:30am-6:00pm | Ages 4-12
MVP Camp is the ideal program for the young athlete who can’t get enough of sports and loves the spirit of competition. Campers will receive quality instruction and guidance in sports such as soccer, basketball, baseball, football, floor hockey and special YMCA group games. Coaches not only challenge campers, but give them the one-on-one attention they need to grow and learn each sport. Younger campers focus on having fun while learning fundamentals and the importance of teamwork. Older campers focus on expanding their knowledge and abilities. At the Y, we use sports to teach lifelong skills and values. See the next page for even more information regarding daily schedules and weekly activities!

DISCOVERY CAMP | Traditional Summer Camp
7:30am-6:00pm | Ages 4-12
Discovery Camp is a wonderful place for your child to experience fun outdoor adventures this summer. New and returning campers thrive during a week packed full of exciting, structured activities. With a focus on values-based and traditional camp activities, children of all ages will enjoy the benefits of a quality day camp experience. Campers have opportunities to explore their world through free play, nature activities, sports and games, arts and crafts, plus age appropriate special events. Campers also gain self-confidence in the water with daily swim instruction by our qualified swimming staff. Discovery Camp is about making friends, growing in confidence and working together. See the next page for even more information!

SPECIALTY CAMPS | Specialized Camp Programs
7:30am-6:00pm | Ages varies per week and camp
YMCA Specialty Camps offer a myriad of activities the entire summer that each camper can enjoy. Specialty Camps focus on one topic or specific field of interest for the entire week. These weeks are designed to provide an intense exposure and are a great way for campers to add even more variety to their summer experience. It is very important that campers have a passion and a strong desire to explore these topics. Specialty Camps are very enriching and in most cases very educational. Some Specialty Camps will travel on a field trip each week or visit with local Princeton organizations. Specialty camps have many special guests who come in to speak and enrich campers on specific topics. Enrollment is limited for this camp.

FINANCIAL ASSISTANCE
Thanks to generous community support, the Princeton Family YMCA makes camp available to all kids even if they are unable to pay some or all of the cost. Financial assistance may be granted to anyone who can demonstrate verifiable need on a first come first serve basis.

HELP SEND A CHILD TO CAMP
We believe that every child should have the opportunity to attend summer camp. For more information on how you can help provide a camp experience for a child, please contact our Development Director or visit princetonymca.org. Your donation will not only change a child’s summer, it could make a difference in their life.

accreditation

ACA Accreditation means that your child’s camp cares enough to undergo a thorough (up to 300 standards) review of its operation — from staff qualifications and training to emergency management. American Camp Association collaborates with experts from the American Academy of Pediatrics, the American Red Cross, and other youth-serving agencies to assure that current practices at your child’s camp reflect the most up-to-date, research-based standards in camp operation. Camps and ACA form a partnership that promotes growth and fun in an environment committed to safety. For more information please www.campparents.org!
NEW FOR 2017! Discovery & MVP Campers will both participate in learning about the LEGEND at the beginning of the week and all groups will be involved in the daily All Camp Activity focused around the LEGEND. During the morning, Discovery campers will rotate through different activities focused on an overall theme while MVP campers will participate in brand new activity rotations focused on the weekly sports theme!

### DISCOVERY GROUPS

**PIONEERS** 6:1 ratio
4-5 year olds

**NAVIGATORS** 8:1 ratio
6-7 year olds

**EXPLORERS** 8:1 ratio
8-9 year olds

**VOYAGERS** 10:1 ratio
10-12 year olds

### MVP GROUPS

**ROOKIES** 6:1 ratio
4-5 y. olds

**ALL-STARS** 8:1 ratio
6-7 year olds

**CHAMPIONS** 8:1 ratio
8-9 year olds

**DREAM TEAM** 10:1 ratio
10-12 year olds

### DISCOVERY SAMPLE DAILY SCHEDULE

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30am</td>
<td>Drop Off at the YMCA</td>
</tr>
<tr>
<td>9:00am</td>
<td>Camp Community</td>
</tr>
<tr>
<td>9:30am</td>
<td>Arts &amp; Crafts</td>
</tr>
<tr>
<td>10:15am</td>
<td>Sports &amp; Games</td>
</tr>
<tr>
<td>11:00am</td>
<td>Science &amp; Nature</td>
</tr>
<tr>
<td>11:45am</td>
<td>Lunch</td>
</tr>
<tr>
<td>12:45pm</td>
<td>Swimming Everyday!</td>
</tr>
<tr>
<td>1:45pm</td>
<td>Group Time &amp; Free Play</td>
</tr>
<tr>
<td>3:15pm</td>
<td>All-Camp Activity</td>
</tr>
<tr>
<td>4:00pm</td>
<td>Snack / Closing</td>
</tr>
<tr>
<td>4:00pm</td>
<td>Pick Up at the YMCA</td>
</tr>
</tbody>
</table>

### MVP SAMPLE DAILY SCHEDULE

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<td>7:30am</td>
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</tr>
<tr>
<td>9:00am</td>
<td>Camp Community</td>
</tr>
<tr>
<td>9:30am</td>
<td>Skills &amp; Drills</td>
</tr>
<tr>
<td>10:15am</td>
<td>Head to Head Games</td>
</tr>
<tr>
<td>11:00am</td>
<td>Athlete Training</td>
</tr>
<tr>
<td>11:45am</td>
<td>Lunch</td>
</tr>
<tr>
<td>12:45pm</td>
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<td>Pick Up at the YMCA</td>
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</tbody>
</table>
week one JUNE 19–23
THE LEGEND OF THE SNOW CONE OF MOUNT KILIMANJARO
Discovery: Winter | MVP: Winter Season Sports
Wild Wednesday: Silly Socks | Fun Friday: Camp BBQ

week two JUNE 26–30
THE LEGEND OF THE ELECTRIFIED KEY OF BENJAMIN FRANKLIN
Discovery: Inventions | MVP: YMCA Invented Sports
Wild Wednesday: Crazy Hair | Fun Friday: Camp BBQ

week three JULY 3–7** (no camp July 4)
THE LEGEND OF THE MYSTICAL SPELLBOOK OF THE IMPERIAL WIZARD
Discovery: Magic/Wizards | MVP: Weird and Wild
Wild Wednesday: Wild Hats | Fun Friday: Camp BBQ

week four JULY 10–14
THE LEGEND OF THE MISSING MAPS OF CHARLES LINDBERGH
Discovery: All Things Flying | MVP: Flying Games
Wild Wednesday: World Wear | Fun Friday: Camp BBQ

week five JULY 17–21
THE LEGEND OF THE SECRET BATTLE PLAN OF NATHAN HALE
Discovery & MVP: Color Wars
Wild Wednesday: Team Pride | Fun Friday: Camp BBQ

week six JULY 24–28
THE LEGEND OF THE LOST LARIAT OF PECOS BILL
Discovery: Wild West | MVP: Shoot & Score Sports
Wild Wednesday: Western | Fun Friday: Field Trip

week seven JULY 31–AUG 4
THE LEGEND OF THE TREASURE OF ANNE BONNY
Discovery: Pirates | MVP: Catch Sports
Wild Wednesday: Pirate Day | Fun Friday: Camp BBQ

week eight AUGUST 7–11
THE LEGEND OF THE BROKEN TRIDENT OF POSEIDON
Discovery: Ocean Life | MVP: Bats, Sticks, & Rackets
Wild Wednesday: Tie Dye | Fun Friday: Field Trip

week nine AUGUST 14–18
THE LEGEND OF THE MYSTERIOUS MANUSCRIPT OF MARY SHELLEY
Discovery: Monsters/Ghosts | MVP: Sport Mash Up
Wild Wednesday: Monsters | Fun Friday: Camp BBQ

week ten AUGUST 21–25
THE LEGEND OF THE INCREDIBLE YMCA CAMP
Discovery: Storytelling | MVP: Camper’s Choice
Wild Wednesday: Field Trip | Fun Friday: Camp BBQ
CAMP CHEFS  |  Specialty Cooking Camp  | Ages 6–8
WEEK 3: July 3–7**  |  WEEK 8: August 7–11
TOUR OF PRINCETON! Campers will sauté, simmer, and slice; bake, blend and braise. The chefs will create an assortment of dishes and desserts, learning how to serve them with style. Many activities include daily walking trips and hands-on experience at many local Princeton eateries!

CAMP COOKS  |  Specialty Cooking Camp  | Ages 9–12
WEEK 3: July 3–7**  EVERYDAY COOKING  |  WEEK 8: August 7–11  GLOBAL GASTRONOMICAL TOUR
Want to help your parents with meals, family parties, brunch? Each day we’ll learn to prepare a variety of recipes for one meal. Breakfast, Entrees, Appetizers and Desserts! From sautéing and whisking to flavor-blending and knife skills, each day the children will learn a variety of culinary skills and put them in to practice.

MAD SCIENTIST  |  Specialty Science Camp  | Ages 6–8
WEEK 4: July 10–14
Ooey, gooey, goopy, and slimy! Explore the fun and fundamentals of chemistry, physics, and biology. Join us as we create sloppy slime and bubbling chemical reactions and so much more. We’re out to make a mess, have fun and discover the amazing world of science all around us!

CSI PRINCETON  |  Specialty Science Camp  | Ages 9–12
WEEK 4: July 10–14
Take your love of mystery books and detective shows to the next level! Learn all about the tools and techniques used by forensic scientists in solving crimes. We’ll study fingerprints, testing unknown powders, synthetic blood and more. We will investigate realistic cases to crack using what we’ve learned!

OUTDOOR LIVING SKILLS  |  Specialty Nature Camp  | Ages 6–8
WEEK 5: July 17–21
OLS LEVELS 1 & 2 will be the topic this week for our younger campers covering basic outdoor skills. Campers will gain an understanding and appreciation of the outdoors through skills like leave no trace, fire building, and knot tying. Campers will go on a field trip but will NOT participate in a sleepover.

PERFORMING ARTS  |  Specialty Artistic Camp  | Ages 6–12
2 WEEK SESSIONS  |  WEEK 4–5: July 10–21  |  WEEK 6–7: July 24–Aug 4
Campers will explore their favorite area of performing arts. Whether it is acting, singing or dancing! Campers may experience stage, make up, and costume design as well as scene development. In this camper-lead, creativity-driven camp, everyone gets a turn in the spot light!

OUTDOOR LIVING SKILLS  |  Specialty Nature Camp  | Ages 9–12
WEEK 5: July 17–21
OLS LEVELS 2 & 3 will be the topic this week for our older campers. Campers will continue to gain an appreciation of the outdoors through skills like compass use, hiking, tent set up, outdoor cooking and more. Campers will go on an outdoor adventure field trip on Thursday and must participate in the over night sleepover Thursday night.

THE POTTERY PLACE  |  Specialty Pottery & Art Camps
Ages 6–12  |  WEEK 6: July 24–28  |  FUN IN THE SUN  |  In partnership with www.thatpotteryplace.net
Summer is all about enjoying the sun! This week is all about projects that recreate summer memories. We will create a clay sun face, a picture frame to hang your favorite summer picture in, paint a tile that commemorates the 4th of July, maybe an ice cream cone painting on fabric...you get the idea. All kinds of fun art projects are explored using clay, pottery, paper and many other mediums. So come ready to have fun and wear clothes you don’t mind getting messy!

Ages 6–12  |  WEEK 7: July 31–Aug 4  |  UNDERWATER EXPLORERS  |  In partnership with thatpotteryplace.net
Going to the beach is such an integral part of summer vacation. This week of camp explore some sea creatures: make a clay fish and turn it into a bowl, paint a clown fish just like “Nemo”, and paint using our fun bubble paint technique. Create an underwater paper mosaic collage, paint a gorgeous sunset, make a picture frame with shells and many more art projects! Come ready to have fun and wear clothes you don’t mind getting messy.
YMCA Specialty Camps offer a myriad of activities the entire summer that each camper can enjoy. Specialty Camps focus on one topic, program or specific field of interest for the entire week. In most cases, Specialty Camps will travel on a field trip each week. Specialty camps have many special guests that come in and speak and enrich each child on each specific topics. Enrollment is very limited for these programs. Campers do swim daily. This summer, let your child discover something special.

**TENNIS CAMP | CP COURTS**

**AGES 5–10**

Enjoy a summer on the courts like no other! The Princeton Family YMCA and the Princeton Tennis Program (ptp.org) in partnership together are bringing you and your family the best quality Tennis Camp program in the area. Our partnership includes wrap around care to work with your schedule.

**9:00am–Noon**

This summer send your child to one of the most comprehensive beginners tennis camps Princeton has to offer. The PTP Rookie Camp is for beginner tennis players ages 5-10 years old. Campers will focus on tennis strokes, footwork, hand-eye coordination, physical fitness, rules, sportsmanship and FUN! USTA evaluations will be offered. Registration must be completed through the PTP office first.

**Noon–6:00pm**

At 12pm, your camper will be signed out of the Princeton Tennis Program camp by one of the YMCA counselors and signed in with the YMCA camp. The counselors will walk the campers up John Street together. Once at the YMCA, campers will eat their lunch and then join the rest of the campers for swimming and fun afternoon activities!
CAMP ASSISTANCE
We believe that every child and family should have the opportunity to participate in any YMCA program and enjoy the benefits of being a YMCA member. Those not able to pay the full fee may be awarded partial financial assistance based on their demonstrated ability to pay and the Y's ability to fund the subsidy.

Since demand is great, financial assistance is awarded subject to available resources. Applications are located at the Member Services Desk. Financial assistance is awarded on a first come first serve basis.

PRINCETON FAMILY YMCA
2017 SUMMER CAMP PROGRAMS
ONE-WEEK SESSIONS:
JUNE 19 - AUGUST 25, 2017
7:30am-6:00pm daily!

REGISTRATION CURRENTLY OPEN AND STAYS OPEN ALL SUMMER!
For even more information: princetonymca.org/programs/daycamp

FRIENDSHIP
We’re here to inspire kids to work together and play together, creating friendships that can last a lifetime.

ACCOMPLISHMENT
We’re here to surround your kids with fantastic chances to try new experiences. Show them all they can do when they believe in themselves.

BELONGING
We’re here to make kids feel welcome. To help them quickly realize this is a place where they belong and can be themselves and be a part of something great.