



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

PRINCETON FAMILY YMCA JOB DESCRIPTION

Aquatics Staff

Job Title: Lifeguard

FLSA Status: Non-Exempt

Reports to: Aquatics Director

Position Summary:

Under the direction of the Aquatics Director, the lifeguard maintains safe swimming conditions for all participants in the pool, deck, and surrounding areas. Create a positive atmosphere that promotes member safety and engagement in accordance with YMCA policies and procedures.

Essential Functions:

1. Report in proper uniform (bathing suit, guard shirt, shorts, whistle and rescue tube/fanny pack) and ready for duty at least 10 minutes prior to assigned shift.
2. Maintains constant surveillance of the pool area.
3. Knows/reviews all emergency procedures and responds to emergency situations immediately in accordance with YMCA policies and procedures. Completes related reports as required.
4. Immediately informs supervisor of any problems or concerns in the pool area.
5. Maintains effective relationships with the members, participants and other staff.
6. Knows, understands, and consistently applies safety rules, policies and guidelines for the pool and aquatic area.
7. Performs equipment checks and ensures appropriate equipment is available as needed.
8. Checks the pool for hazardous conditions when arriving.
9. Attends all staff meetings and training as required.
10. Trains and supervises new staff as assigned.
11. Complete lifeguard rescue skills test on a semi-annual basis, or as instructed by supervisor or Aquatics Director.

Qualifications:

1. Minimum age of 16.
2. Maintain current certifications in:
 - CPR and AED for the Professional Rescuer or Healthcare Provider
 - Basic First Aid
 - YMCA Lifeguarding or American Red Cross Lifeguarding
3. Complete mandatory Redwoods training modules for Bloodborne Pathogens, Sexual Harassment Prevention, Child Sexual Abuse Prevention and the Professional Lifeguard (within 30 days of hire).
4. Ability to maintain certification-level of physical and mental readiness.
5. Must demonstrate lifeguard skills in accordance with YMCA standards.

Physical Demands:

1. Ability to pass lifeguard rescue skills test.
2. Must be able to remain alert, vigilant and conscientious.
3. Must be able to sit in elevated guard stand or stand at the side of the pool for extended periods.
4. Adequate ability to hear noises and distinguish distress signals.
5. Ability to continuously scan all areas of the pool with clear vision, no more than 180 degrees and strive to achieve a 10X10 reaction.
6. Ability to perform strenuous physical tasks necessary for a water rescue.
7. Ability to communicate verbally, including projecting voice across distance in normal and loud situations.

YMCA Competencies:

Mission Advancement: Accepts and demonstrates the Y's values. Demonstrates a desire to serve others and fulfill community needs. Recruits volunteers and builds effective, supportive working relationships with them. Supports fund-raising.

Collaboration: Works effectively with people of different backgrounds, abilities, opinions, and perceptions. Builds rapport and relates well to others. Seeks first to understand the other person's point of view, and remains calm in challenging situations. Listens for understanding and meaning; speaks and writes effectively. Takes initiative to assist in developing others.

Operational Effectiveness: Makes sound judgments, and transfers learning from one situation to another. Embraces new approaches and discovers ideas to create a better member experience.

Establishes goals, clarifies tasks, plans work and actively participates in meetings. Follows budgeting policies and procedures, and reports all financial irregularities immediately. Strives to meet or exceed goals and deliver a high-value experience for members.

Personal Growth: Pursues self-development that enhances job performance. Demonstrates an openness to change, and seeks opportunities in the change process. Accurately assesses personal feelings, strengths and limitations and how they impact relationships. Has the functional and technical knowledge and skills required to perform well; uses best practices and demonstrates up-to-date knowledge and skills in technology.

Name: _____

Date: _____

Signature: _____