

## Child Watch Program

**Ages:** 3 months – 10 years

**NEW Winter  
Hours starting  
February 1!**

### Days & Times:

- Mondays: 8:45am – 1pm; 6pm – 8:30pm
- Tuesdays: 10:15am – noon; 5:00pm – 8:30pm
- Wednesdays: 8:45am– 1pm; 6pm – 8:30pm
- Thursdays: 10:15am – noon; 5:00pm – 8:30pm
- Fridays: 10am – 1pm; 6pm – 8:30pm
- Saturdays: 9am – 1pm

This service is for YMCA and YWCA Members only.

Coupon booklets are available at the YMCA Membership Office and are *non-refundable*.

### Fees:

YMCA Full-Facility Members:

FREE – 5 hour booklet; ½ hour increments

YMCA Program Members/YWCA Members:

\$25 – 5 hour booklet; ½ hour increments

Child Watch will be staffed by 1 - 2 employees who have completed Child Abuse prevention, 1<sup>st</sup> aid and CPR training. A staff, 18 or older, will always be available.

### Personal Belongings:

The YMCA is not responsible for loss or damage to your child's items. We ask that you do not bring your child's toys from home to the CW Program. They may get lost or broken and it is often difficult for a child to share them with other children.

### Snacks:

Please feed your child before coming to the Y. You may bring in dry snacks in the event your child becomes hungry during your visit. Please do not bring nuts, grapes, popcorn or hard candy. If your infant will need a warm bottle, please bring it pre-warmed.

### Our Mission

The Princeton Family YMCA is a charitable, not-for-profit community organization dedicated to enriching the spirit, mind and body and improving the quality of life. We create and deliver values-based programs which draw their inspiration from our Judeo-Christian heritage. We serve people of all ages, races and creeds, with an emphasis on families and youth.

### Princeton Family YMCA

59 Paul Robeson Place  
Princeton, NJ 08540

Phone: (609) 497- YMCA (9622)

Fax: (609) 497-9031

[www.princetonymca.org](http://www.princetonymca.org)

# YCHILD WATCH™



**Our goal is to provide a safe, clean and cheerful environment for children so families can come together to the Y, and so parents can workout without worry.**



## Winter 2009

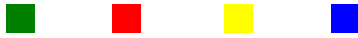
### Discipline:

- Intentional displays of aggression toward others will require a quiet time.
- We will use “quiet time” for inappropriate behavior in the CW Program. “Quiet time” is a brief, supervised separation from the group. If problems persist, the CW staff will discuss the situation with the parent. If a solution cannot be reached, and the child jeopardizes the well-being and safety of other children, we may ask that the child not be brought back to the CW Program.
- If a child is unable to be consoled after 10-15 minutes of continuous distress the parent will be contacted. We will make every effort to comfort your child, but do not want the child to have an unhappy experience.
- The CW staff will make every effort to ensure that no child will be hit, punched, shaken, struck with any object or bitten. We are obligated by law to report any signs of child abuse to the proper authorities.

### CW Activities:

- Age appropriate toys & games
- Child appropriate videos and cartoons
- Puzzles; Crafts; Activity and coloring books

***Child Watch is a service to our members and should not, in any manner, be considered a licensed day care or pre-school enrichment program.***



### Rules:

- Maximum time in Child Watch is 1 ½ hours.
- Parents must remain in the building.
- *Child Watch cannot change diapers or unclothe children for the bathroom.*
- Snacks are allowed in Child Watch, but no nuts, grapes, popcorn or hard candy.
- Water will be available.
- Sick children are not permitted in Child Watch (terms defined under “Illness”).
- *Only 10 children in Child Watch at a time.*
- No child will be permitted without a pre-paid coupon.
- Reservations are not required, but you may be asked to wait until we return to safe ratio or occupancy.
- Children must be signed in and out of Child Watch by a parent or guardian. *The SAME person that signs them in, MUST sign them out.*

### Registration/Intake:

- An intake form must be on file for any child who participates in the CW Program. This form must be completely filled out before the child may be placed in the program. These forms will be kept on file in the CW program. Please notify staff of any changes of information.

***If there are no children in the Child Watch ½ hour before closing, it will close early.***

### Illness:

Please do not bring your child to the CW Program if they are ill. We will not accept children who have any illness associated with a fever or any communicable condition, such as ringworm, diarrhea, impetigo, head lice, pink eye, or scabies. This policy will be strictly enforced for the health and well-being of the other children and the CW Staff.

We ask that parents keep their child(ren) home if within the last 24 hours he/she:

- Has a thick, yellow/green nasal discharge
- Has a fever
- Is vomiting
- Has diarrhea
- Has a contagious rash
- Has one or more of the following symptoms or illnesses:
  - Chicken pox
  - Conjunctivitis
  - Head lice
  - Impetigo
  - Persistent cough
  - Ringworm
  - Scabies
  - Strep throat
  - Tuberculosis
  - Mumps .
  - Rubella
  - Hepatitis viral
  - Meningitis

If your child recently has had a contagious disease or illness, please inform our staff.

*If your child has an allergy, please inform our staff and make sure to mark it on the intake form.*